



Teacher Training 2010 COACHING SKILLS FOR TEACHERS

Course Dates: 1 August – 14 August 2010	Course Location: University of Kent	Course Fees: £855	Course Code: TCS 32
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Target Audience

- Teachers of English, especially from Secondary Level and above
- Teacher Trainers
- Academic Managers
- School owners and principals

You will need an advanced level of English to participate on this course. An NLP background is also a pre-requisite for this course.

Course Summary

This course is very useful for teachers who want to find new, more effective ways to encourage students to work towards resolving their own challenges, and helps develop a sense of responsibility for their learning.

Programme of the training activities

- Making desired changes
- Understanding emotional attitudes in oneself and in others and how these effect accomplishing a task
- Seeing a situation from the point of view of others or realizing how our actions and words effect others
- Understanding your values and the values of others

Description of training content

Preparation

Each applicant to send in action plan 4 weeks before the course outlining hopes and objectives for achievement as a result of attending this course.

Objectives

This course aims to focus on new skills and practices to educators wanting to improve their ability and confidence in teaching.

Expected results

As a result of attending this course participants will be more empathetic teachers and a more effective communicators.

Is this the right course for me?

- Yes, if you're looking for new tools to make changes happen
- Yes, if you're looking to become a more effective communicator

If this is not the right course for you, please consider the following:

- **Dealing with Difficult Learners** – if you want to learn a variety of strategies and approaches which will help you teach “problem” students more effectively
- **Leadership** - if you want to develop more effective and creative leadership skills
- **NLP for Teachers** - if you are interested in exploring Neuro-Linguistic Programming, “the study of excellence” and learning styles in more depth

Programme of the training activities day by day:

Please note this is an **example** of a daily programme. Course content may often be usefully adapted to incorporate the needs of each specific group.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 9.00–10.30	Group Bonding	Defining Coaching	Mutual respect	Simple coaching strategies	A structured feedback process
11.00–12.30	Needs Analysis and Goal setting	Coaching and NLP	Collaboration and constructive feedback	The power of questioning	Engaging in collaborative conversation
PM 14.00-15.30	Revising key NLP concepts	Identifying core coaching skills	Establishing trust	Giving/receiving feedback	Week review and feedback

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 9.00–10.30	Being an agent of change	Empathising with others	How can a coach help others?	Case studies 1	Working with someone who needs to be mentored but does not want to be
11.00–12.30	Making changes happen	Focusing on our values	Transition from teacher to teacher coach 1	Case studies 2	Coaching adults
PM 14.00-15.30	Self-reflection	Models of coaching	Transition from teacher to teacher coach 2	Feedback on case studies 1 & 2	Final feedback and farewells

Recommended reading: Please note to do not need to buy or bring these books to the course with you.

Dilts, R. 2003 From Coach to Awakener Meta Publications

Type of the certification awarded in the language of the training:

Attendance certificate detailing topics covered and course content.